

Skills Competency 1



Communicating with pregnant women about breastfeeding

Skills displayed	Yes or No	Supervisor's comments
Prepared for the consultation <ul style="list-style-type: none">• Can list all topics to be discussed during the prenatal period• Gathered teaching aids• Reviewed mother's relevant obstetric notes		
Established rapport <ul style="list-style-type: none">• Introduced self and supervisor• Explained reason for communication• Asked permission to continue		
Ascertained mother's knowledge and feelings about breastfeeding using: <ul style="list-style-type: none">• open questioning• reflective listening• reflected feelings		
Built on mother's self-confidence by: <ul style="list-style-type: none">• acceptance of her knowledge and attitudes• praising what was right.• providing new information using simple language.• offering opportunities for questions		
Confirmed the mother's understanding using: <ul style="list-style-type: none">• open questions about information given		
Ensured mother had sufficient information about breastfeeding <ul style="list-style-type: none">• Covered ALL information on Checklist, sharing evidence-based information accurately		
Completed documentation as appropriate		

